

Wednesdays@West Side Registration Form

Name(s) _____

E-mail(s) _____

Check ALL that apply:

Dinner Yes-How Many? _____ No

Sug. food donation (per week):

Family (max) \$6 Child (4-11 yrs old) \$1
Adult (12 yr +) \$2 Children 3 and under FREE

Adult Classes Living the Life
 Created for Connection
 Faith-Culture-Worldview

MS (gr 6-8) Basic Age of child _____

Children's Classes Age of child _____

Childcare Age of child _____

I would like to help on Wednesdays!

- Kitchen prep and/or clean-up
 Work with children

**Please turn in this Registration form at the
Welcome Station or to the Church Office.**



Jan. 15 - Pulled Pork
Jan. 22 - Baked Potato Bar
Jan. 29 - Crispy Chicken
Feb. 5 - Meatloaf
Feb. 12 - Spaghetti
Feb. 19 - Ham
Feb. 26 - Taco Dinner
Mar. 4 - Soup (Ash Wednesday)
Mar. 11 - Baked Potato Bar
Mar. 18 - Meatloaf
Mar. 25 - Lasagna



*Loving God, Loving People,
Serving The World In The Name Of Jesus*



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updated 1.8.20

Wednesdays @West Side



Mid-Week Discipleship

Join us this Winter/Spring for
fellowship and discipleship
for the whole family.

This intergenerational ministry
begins Wed., Jan. 15,
and will conclude Wed., Mar. 25.

Join us between 5:15-6:00 pm
for a meal and stay for a class.
Or just come for a class 6:00-7:30 pm.

Winter 2020

The Meal: 5:15-6:00 pm

Wednesdays@West Side is an opportunity for you to meet and share a meal and fellowship with West Siders of all ages. After dinner, there will be classes and activities for children, youth, and adults (childcare provided).

Wednesdays@West Side will run Jan. 15 - Mar. 25 with a potluck dinner at 5:15 pm (complete menu listed on the back). Please bring a side dish or dessert to share (remember-no nuts or nut-flavored products in WS North).

On Feb. 26 (Ash Wednesday), there will be a special worship service (in WS South) instead of classes.

Would you like to help provide a main dish for the meal or to help clean-up? You can sign up for 1 week or more - training will be provided. Contact Pat Reich (509.946.4200) or check the box on your registration form to help with meal prep, set-up or clean-up.

Classes: 6:00-7:30 pm

Children & Youth Growth Opportunities

Infants - 1st Grade:

Meet in WS North:

- Infants-age 3 - Infant/Toddler Room (Room 21)
- PreK-1st grade - Sunshine Room (Room 22)

Children will play games, make friends, and learn more about Jesus' love.

2nd - 5th Grade Class:

Meet in WS North Holy Word Studios

Children will play high energy games, learn Bible truths, and do fun activities.

Middle School (gr. 6-8): Basic

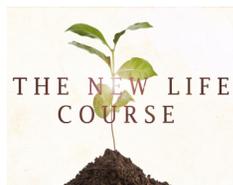
WS South Basement (youth rooms)

Basic is a high-energy time for middle school students to enjoy fellowship and explore Jesus. Students will be dismissed at 5:50 pm from the meal.

Classes: 6:00-7:30 pm - cont.

Adult Discipleship Growth Opportunities

Living the Life of a Jesus Follower: Passion and Priorities with Rev. Ralph Kieneker



Jesus proclaims "I have come that you may have life, more and better life than you ever imagined." Living the life of a Jesus follower is about living a more and better life. In this seminar, we are going to begin piecing together the major passions and priorities of the Christian life. There is no one-size-fits-all program of Christian living. Following Jesus is both more personal and profound than a simple 7 step method. There are certain priorities and ways of living that become shared commitments and expressions living the life of a Jesus follower. It is my hope that these sessions will help every participant have a better perspective on how to live with Jesus and for Jesus. Sessions will include: • Worship • Discipleship • Calling (Mission) • Witness (Evangelism) • Community • Giving • Service • Work • Worship (Take 2).

Created for Connection with Rev. Tom Adams



Join us for this educational program based on the theory and practice of Emotionally Focused Couple's Therapy (EFT). The first session will focus on the new science of love and what it teaches us, and how this science fits perfectly with the teachings of scripture. "When it comes to love, science and faith are singing the same song." The next seven sessions will focus on helping couples shape and use the seven conversations laid out in the book, Created for Connection by Dr. Susan Johnson and Ken Sanderfer.

The practice of EFT reflects the many studies of adult attachment theory - an empirically based perspective that forms the basis for the emerging science of love and loving. Over the last two decades, EFT has developed as an effective approach to reducing relationship distress and helping

Faith, Culture & Worldview: Making Sense of Our World with Flourish Mid-Columbia



flourish
Mid-Columbia

The Bible tells us how God related to the people of Israel, and their neighbors, in ways specific to their

cultures. In today's global society, we too interact with people from other cultures and backgrounds. How can we do this well? In this course, we will explore together how to better understand and make sense of these differences in our world, and to appreciate how the Kingdom of God both interacts with and transcends culture. With the help of several presenters including Terry and Nancy Sullivan (Wycliffe Bible Translators), Wayne Pelly (frequent short-term missionary to Africa), and several others, we will together seek how we may rightly relate to our fellow human beings; who, although very different from us, are also created in God's image.

couples to create trust and intimacy. The ultimate goal is to help couples not only reduce conflict and distance but to shape their relationship into a more affectionate, secure bond. EFT has also generated positive results such as where partners are trauma survivors, are caring for a chronically ill child or struggling with depression.

Rev. Tom Adams, M. Div., M.A., LWFT, is a licensed Marriage, Family and Child therapist who is in the process of certification in EFT. He was a Parish Associate at West Side from 1992-97. Since returning to the Tri-Cities in 2010, he has served as the Director of Behavioral Health and Chaplain Services at Chaplaincy Health Care. He and his wife, Karen, have been married for 39 years. Their oldest son, Daniel, was a West Side summer intern. Daniel and his wife, Marie, are supported missionaries from West Side as they serve InterVarsity New England and minister in Boston.