



## Living the Jesus Way

### Session 4: How to Understand Sex in the 21<sup>st</sup> Century

#### Matthew 5:27-30

<sup>27</sup> ‘You have heard that it was said, “You shall not commit adultery.”<sup>le</sup> <sup>28</sup> But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. <sup>29</sup> If your right eye causes you to stumble, gouge it out and throw it away. It is better for you to lose one part of your body than for your whole body to be thrown into hell. <sup>30</sup> And if your right hand causes you to stumble, cut it off and throw it away. It is better for you to lose one part of your body than for your whole body to go into hell.

#### Class Notes:

Introduction: Context Matters

Creation: Love-making is good.

- Genesis 1:26-31
- Genesis 2:20-25

Fall: Love-making is complicated

- Genesis 3
- Genesis 2:16

Redemption: Love-making can be restored

- Ephesians 5:21-33

Glorification: Love-making is not the end goal

- Mark 12:18-27

How we should conduct ourselves as sexual beings, according to Jesus.

1. Be Radical
2. Be a Great Lover
3. Be Repentant
4. Be Practically Ruthless

## **Discussion Questions**

1. What is your view of sex? How do you respond to each of the following:
  - Creation: sex is good
  - Fall: sex is complicated
  - Redemption: sex can be restored
  - Glorification: sex is not an end in itself
2. What do you think our culture's view of sex is?
3. How can we be radically counter - cultural in handling sex as Christians?
4. How can we deal with the pressures of our culture to conform in the sexual arena?
5. Jesus sets the bar very high in this area (Matthew 5:28). Why do you think this is? Take time to talk about repentance and receiving God's love and forgiveness.
6. How can we put Matthew 5:29-30 into practice? How can we guard our hearts in this area?
7. How can being part of a Christian community help us to be role models when it comes to sex?