

Hope for Today and Hope for Tomorrow

SERMON NOTES AND DISCUSSION QUESTIONS

I. Introduction

- a. Sometimes we know and sometimes we don't

II. Psalm 42 & 43

III. ADMIT: we are weak without God

IV. AFFIRM: God's power and presence with you and for you

V. ALIGN: yourself with God's will

VI. ACT: in obedience to His will

VII. ASK: God for what you need

Jesus is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, he is able to save completely those who come to God through him, because he always lives to intercede for them. (Ephesians 3:20 & Hebrews 7:25)

Discussion Questions

Sharing Life Together

1. Share about one of the high points of your life. What made it memorable?
2. Share about a low point. How did you get through it?

Reflecting on the Message Together

1. As you read and pray Psalm 42 & 43, what stands out to you in this prayer?
2. When do you find it easy to admit that you need God and when do you find it difficult?
3. What experience can you point to that reminds you of God's presence and power in your life?
4. When do you think your life most aligns with God's will for you? Where do you think God is calling you to work on aligning your life to His will?
5. When do you find it most difficult to obey God's will for your life?
6. What are you asking God to do in your life right now?
7. What would it look like for you to exercise the spiritual-muscle of hope? Do these steps feel like they might help? Why or why not?
8. How did God speak to you through the message?
9. How can we pray for one another?